

Ruardean C of E Primary – Summer/Autumn 2024

GCC Central Spring
Summer 2024

WEEK ONE

08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024
02/09/2024
23/09/2024
14/10/2024

Option One

Macaroni Cheese

Beef Burger in a Bun with
Potato Wedges

Roast Chicken with
Roast Potatoes & Gravy

Minced Beef & Onion Pie
with New Potatoes

Fishfingers with Chips &
Tomato Ketchup

Option Two

Vegan Meatballs with
Tomato Sauce & Rice

Vegan Spaghetti
Bolognese

Vegan Sausages,
Roast Potatoes & Gravy

Lenfil & Sweet Potato Curry
with Rice

Cheese & Tomato Pizza with
Chips & Tomato Ketchup

Option Three

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket Potato with Baked
Beans, Cheese or Salmon
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Vanilla Sponge with
Chocolate Sauce

Vanilla Shortbread

Strawberry Jelly with
Mandarins

Sticky Toffee Apple Crumble
with Custard

NEW Syrup Snap Biscuit

WEEK TWO

15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024
09/09/2024
30/09/2024
21/10/2024

Option One

Summer Vegetable
Risotto

Pork Sausage In a Bun With
Potato Wedges

Roast Turkey with Roast
Potatoes & Gravy

Chef's Special Chicken Korma
with Rice

Fish Fingers with Chips &
Tomato Ketchup

Option Two

Cheese & Tomato Pinwheel
with New Potatoes

Mexican Five
Bean rice

Vegetable Wellington with
Roast Potatoes & Gravy

Wholemeal Vegetable Pasta
Bake

Vegan Sausages with Chips
& Tomato Ketchup

Option Three

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Ice Cream

Marble Sponge with
Custard

Oaty Cookie with
Apple Slices

Peach Crumble with
Custard

Chocolate Shortbread

WEEK THREE

22/04/2024
13/05/2024
10/06/2024
01/07/2024
22/07/2024
16/09/2024
07/10/2024

Option One

NEW Vegetable Fajitas
with Wedges

Spaghetti Bolognese

Roast Gammon with Roast
Potatoes & Gravy

NEW Chicken
Paella

Fish fingers with Chips &
Tomato Ketchup

Option Two

BBQ Quorn with Rice

Cheese & Tomato Pizza with
Potato Wedges

Vegan Quorn with Roast
Potatoes & Gravy

Spinach and Cheese Whirl
with Potato Wedges

Cheese & Bean Pasty
with Chips & Tomato Ketchup

Option Three

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Jacket potato with Baked
Beans, Cheese or Tuna
Mayonnaise

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Ice Cream

Pear & Chocolate Upside
Down Cake with Custard

Apple Flapjack

Banana Sponge with Banana
Slices and Custard

Fruity Shortbread

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

PLEASE NOTE: JACKET POTATO FILLINGS ARE AS FOLLOWS:

MON: BEANS, TUES: CHEESE, WEDS: TUNA, THURS: CHEESE, FRI: BEANS